

# Extension Cell

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## Objectives

- To get the students socialized and learn to think beyond individual interests and for social welfare.
- To apply the theoretical knowledge obtained in the classroom for the benefit of the society.
- To make students learn teamwork, leadership skills, time management, effective communication skills, and effective decision making through participation and organizing various projects and programmes.



<b>ACTIVITY</b>	<b>DATE</b>	<b>OBJECTIVE</b>	<b>BENEFITS</b>	<b>OUTCOME</b>
<b>Heartfulness and HELM sessions</b>	Dec, 2020 – Jan, 2021	To organize webinar in collaboration with HELM to educate students on the importance of meditation.	Students will learn about the importance of meditation.	Students will learn about the importance of meditation, stress management and time management.
<b>Mask Distribution</b>	22th Dec, 2020	Mask distributed to the housekeeping staff and also spreading awareness about Covid 19.	Spreading awareness about Covid 19.	During pandemic spreading awareness about Covid 19 can help us to live again in free world.
<b>Winter Clothes Donation</b>	25th Dec, 2020	To donate old winter clothes to the housekeeping staff.	Helped housekeeping staff by giving them winter clothes.	Winter clothes donation helped them to protect themselves in cold weather.

<b>ACTIVITY</b>	<b>DATE</b>	<b>OBJECTIVE</b>	<b>BENEFITS</b>	<b>OUTCOME</b>
<b>Plantation Drive</b>	21th Jan, 2021	To initiated the plantation drive by growing plants in their homes.	Students understand the importance of Environment.	Growing plant at home was very good practice as students were helping environment to go green.
<b>National Girl Child Day</b>	24 Jan, 2021	To participated in a Poster making competition on the theme of “Beti Bachao Beti Padhao”.	Awareness about the Girls child day.	Posters given by students displayed on the board. Showing their art and creativity skills.
<b>National Women’s Day</b>	13 Feb, 2021	To Extension Cell participated in Article writing or Blog writing on the life and contributions of "Sarojini Naidu “.	Awareness about the contribution of Sarojini Naidu.	Students learnt the importance of blog writing.

# Glimpses



MASK MAKING TRAINING



POSTER MAKING ON NATIONAL GIRLS CHILD DAY

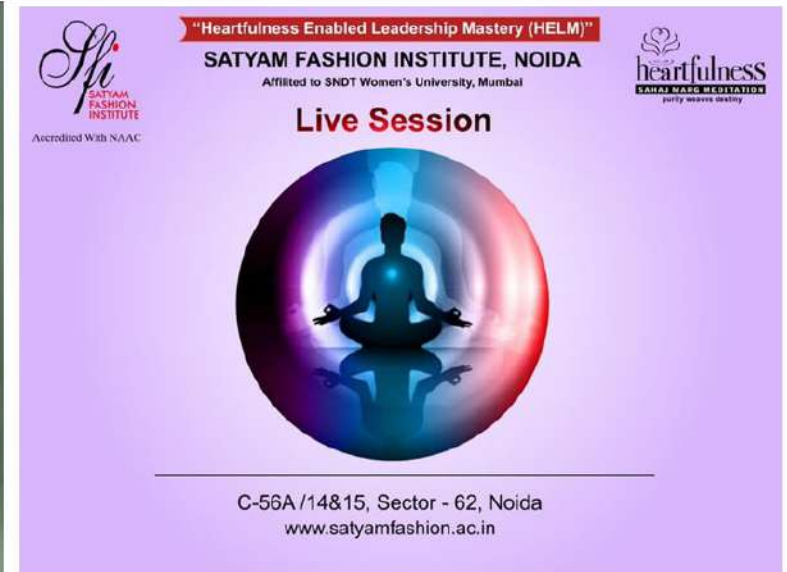


MASK DISTRIBUTION

# Glimpses



PLANTATION DRIVE



HEARTFULNESS ENABLED  
LEADERSHIP MASTERY (HELM)  
SESSION